

With up to 21 paid volunteering hours each, we can create a better tomorrow for our communities.

Here's how some of our people have been giving back over the last year.

Sue, delivering essential supplies with Doorstep Helpers:

"I've actually got one lady I shop for every week so it's quite nice because I've got more of a relationship now with her."

Alyson, donating blood.

Charlotte, volunteering at a hedgehog rescue centre, medicating unwell 'hogs and helping them put on weight before hibernation.

Ewan, supporting National Emergencies Trust with data science knowledge:

"The volunteering hours that we have in Aviva are really valuable, but we felt that there were ways that we could do things which were more transformational for charities. So being able to see that we had the skills that could help was very satisfying."

Aviva employees supporting the Aviva global Mapathon with the British Red Cross – which our people can join from home this year.

Matt, building hospital beds.

Andrew, training St John Ambulance members.

Jonathan, delivering prescriptions to vulnerable people shielding:

"And I would say the community's really come together. There's hundreds of volunteers who are willing to go straight down to the shop or straight down to the doctor's surgery and get anything that's urgent."

Adam, returning to the NHS frontline.

Ria, leading projects for FoodCycle, raising money for Zamcog, and helping people in need through Citizens Advice.

Amie, volunteering in her local town helping people with their shopping and prescription collections, as well as becoming an NHS Responder Steward.

A big thank you to all of our incredible Aviva volunteers.

A brighter future is in reach.

It takes commitment and care.

It takes volunteers.

It takes Aviva.

Visit [avivia.com/careers/volunteering](https://aviva.com/careers/volunteering) to find out more about the Aviva volunteers working hard to make a big difference.

#StrongerCommunities

It takes Aviva